







SUFFOLK INFORMATION PARTNERSHIP

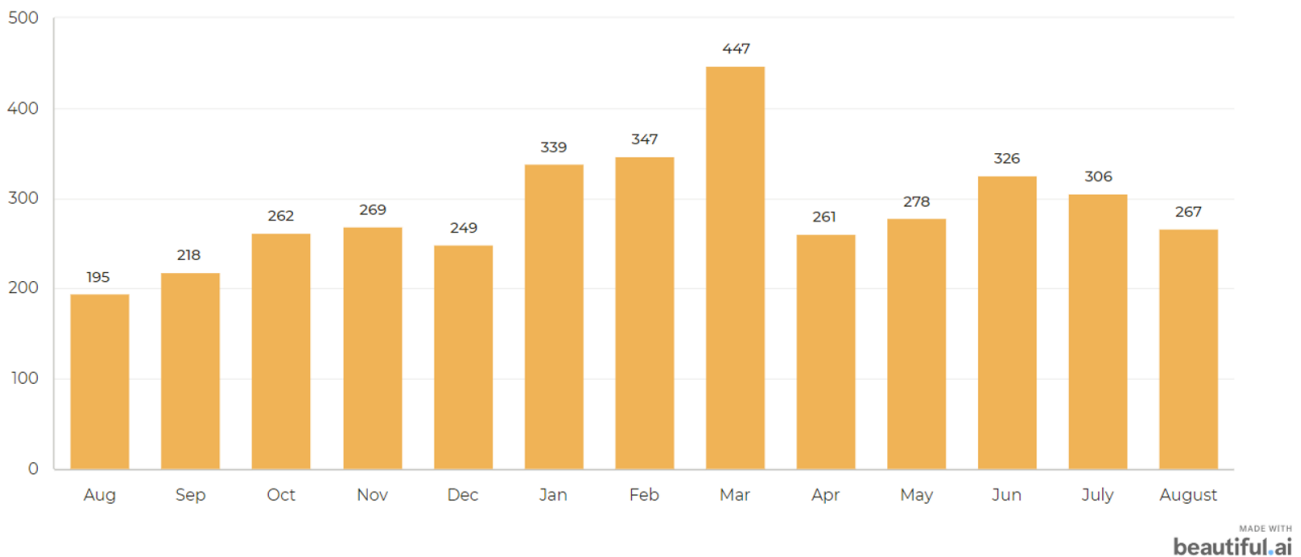
Dear SIP Partners

Hello to September the start of Autumn, which as we know is hard to believe with all this glorious weather, we are encountering at the moment 😊 Please see below for the stats and some other items for August:

1. Stats for August 2023:

 <p>August 2023 267 Warm Handover Referrals 121 Partners</p>	<h3>Who's new?</h3>  <p>New Project: West Suffolk Hospital Virtual Ward The Voluntary Network are working with the West Suffolk Hospital Virtual Ward team on a kit collection pilot</p>	<h3>August Warm Handovers received by:</h3> <p>Customer First 119 Suffolk Family Carers 16 Citizens Advice East Suffolk 10 Wellbeing Suffolk 9 Disability Advice Service, East Suffolk 8 Citizens Advice West Suffolk 8 Suffolk Fire and Rescue Prevention Service 7 Alzheimer's Society 7 Citizens Advice Sudbury and District 7 Stepping Home 6 Disability Advice North East Suffolk DANES 5 Connect for Health - South Rural 5 Connect for Health - Central 5 Citizens Advice Mid Suffolk 5 Independent Living Suffolk ILS 4 Anglia Care Trust (drugs & alcohol) 4 Abbeycroft Leisure: Active Living Exercise on Referral 4 Suffolk Mind 3 West Suffolk Council Customer Services Team 3 Storehouse 2 Suffolk Sight 2 Babergh and Mid Suffolk Council Housing solutions 2 The Befriending Network (West Suffolk only) 2 Communities Together East Anglia (formerly BSEVC) 2 The Befriending Scheme 2 Suffolk Community Service Falls 1 Warm Homes Healthy People 1 iAg - Ipswich Housing Action Group 1 Realise Futures 1 West Suffolk Council Public Health and Housing Team 1 West Suffolk Council Housing Options and Homelessness Services 1 Suffolk Law Centre 1 Babergh and Mid Suffolk Council Customer services 1 Medequip Connect 1 Gatehouse 1 Green Light Trust 1 Anglia Care Trust (domestic abuse) 1 ActivLives 1 Walking With The Wounded 1 Families Together Suffolk 1 LifeLink West Suffolk - Social Prescribing 1 Connect for Health - Ipswich West 1 Memories are Golden 1 Orwell Housing 1 SCC - Active Travel Social Prescribing Team 1</p>
 <p>SCC – Active Travel Social Prescribing Team a 3-year Active Travel Social Prescribing Pilot, aims to support adults that suffer from long term physical & mental health conditions or social isolation</p>	 <p>Creative Mojo provide arts & crafts workshops in care homes, dementia cafes, the community & in private homes, to adults with learning disabilities, the elderly & specialising in dementia</p>	<p>MADE WITH beautiful.ai</p>

2022/2023 SIP referrals



2. New Partners



The Way to Go is a 3-year Active Travel Social Prescribing Pilot, funded by Department for Transport and Active Travel England. The project aims to support adults that suffer from long term physical and mental health conditions or social isolation.

Referrals are welcomed from voluntary organisations, social prescribers, and GP's. Individuals can also self-refer. They welcome referrals from multicultural groups and those with disabilities and can organise translation, support and accessible arrangements as required.

They offer free walking and cycling groups at the introductory, moderate, and competent activity level to individuals residing in Ipswich and Lowestoft. The introductory groups begin at a 0.5 mile walk or a 2-mile cycle ride which can be assisted using an electric bike. 1-1 buddy walking or cycling and journey planning is available for individuals and families. Bike maintenance and cycling courses are on offer with access to walking aids, bikes, electric bikes, and other accessible equipment.

The activities are led by qualified and experienced leaders employed and approved by Suffolk County Council. For further information please visit their website [Social prescribing – The Way To Go Suffolk](#) or contact their team at thewaytogosuffolk@suffolk.gov.uk

3. Cassius – Personalised digital care technology. Technology to help you stay well at home



Suffolk County Council is working with commissioned partners to provide personalised technology to assist you wherever you are and provide you and your support network with peace of mind, real-time information and a monitoring and

response service, if it is needed. **This service is called Cassius.**

Our technology can help with many aspects of life, including personal safety and security, daily reminders, keeping track of where you are, helping you find your way around or keeping you in contact with friends or family. It is designed to support you to remain living at home well and independently for longer.

The Cassius service has been developed for people over the age of 18 who may need additional support to live independently in their own home.

If you have eligible needs then you may be entitled to receive the technology free of charge following an assessment from Adult Social Services at Suffolk County Council. We will discuss your needs and explore any ongoing technology and packages you require including other items that are not listed.

If you are not eligible or choose to access the Cassius service on a private basis then you can access it here www.yourcassius.com Please note that not all products are available through this route of access.

To find out more about your eligibility to receive Adult Social Care service, including technology please go to www.suffolk.gov.uk/Cassius-Eligibility or **for more information please contact: Customer First on 0808 800 4005** (free from landlines and most mobiles).

Opening hours are Monday to Thursday 8am to 5:20pm, Fridays 8am to 4:25pm (excluding bank holidays).

4. The Compassionate Companion service – Training Sessions



The compassionate companion service is expanding and is now offering free training and ongoing team supervision to volunteers living in communities able to offer

an hour or more a week, but also employees of statutory organisations including care home staff and care agency staff to use in their job role and become compassionate companion champions for their organisation. People receive medical support yet they are very rarely asked: *'What is really important to you?'*

By documenting these conversations as Advanced Plans, using the RESPECT form, as well as care wishes, they will have assurance that:

- anticipatory care is in place
- that others are aware
- everything possible will be done to honour their wishes

Evidence of how this service supports our patients:

1. Enabling one to put plans in place to ensure they could die at their chosen place (ie home) - some people don't realise this is possible
2. Ensuring resus status is clear for people who do not want to go to hospital any more - letting them know that that if attempts for resuscitation are successful they would have to go to hospital for further care
3. One patient's daughter said 'I didn't know you wanted to be cremated Mum, I was going to arrange a burial. I'm glad we've had this conversation'

Documenting these discussions is important because research shows that nationwide over 70% of patients in their last year of life request to be allowed to die at home. Most will die in hospital largely due to lack of planning. Training is designed to enhance the excellent care and compassion that we already see being provided. This is true and authentic integrated working together across the system and a most exciting opportunity.

The next 3-day training programmes are coming up and will be held at Kesgrave War Memorial Community Centre, Ipswich:

- **September:** Monday 11th, Tuesday 12th, and Thursday 14th
- **November:** Monday 6th, Tuesday 7th, and Thursday 9th
- **January (2024):** Monday 22nd, Tuesday 23rd, and Thursday 25th

Companions will be trained and given ongoing support to listen with empathy, inform and document conversations that enable all involved in that persons care to honour end of life choices. [Please see the attached flyer](#) for more information re the service, and to **book for one of the training programmes please [complete the form attached](#)**. For more information contact the team at: bill.thompson1@nhs.net

5. NHS Autumn 23 Booster Vaccinations



The COVID-19 and flu vaccination programme starts on Monday 11 September. [Please see the attached infographic](#) for more information on eligibility and how to access it.

6. Community Action Suffolk (CAS)



A quick reminder, it was agreed by partner organisations at the Suffolk Information Partnership (SIP) meeting in October 2022 to adopt the Community Action Suffolk Organisation HealthCheck as part of the required documentation for joining the SIP's Warm Handover Referral Scheme (WHRS). The Organisation HealthCheck is a free resource and CAS are there to support you if you need them.

Please contact Jacqui Wilkinson (CAS Training, Safeguarding and Quality Framework Development Officer) on 01473 345312.

With the above in mind, the SIP admin team would like to thank all those organisations that have already returned their completed HealthChecks and documents or provided their proof of

exemption, it is very appreciated. For those that are currently still working through everything this is just a very gentle reminder at the 3 month stage to say that we would be grateful if we could receive your submissions by 12 December 2023.

As previously mentioned both the SIP and CAS are available to support any organisation to reach the required level of eligibility and if you have any questions or are unsure about anything please do get in touch we would be happy to help.

7. Pre-payment meter project



Warm Homes Healthy People has funding to support households across Suffolk with prepay energy meters. We are reaching out to help people who predominantly are on prepaid metres for their energy to make it more affordable for them to heat their homes, whether that is looking at ways to increase their income by maybe benefits they're not claiming or grants that would be eligible or for us to look at the fabric of their home to see whether loft insulation is adequate level. Anybody who comes across a resident who is on a low income, is struggling to

pay their bills and predominantly is on a prepaid metre that require supporting, we run right across Suffolk.

If you have clients needing help, please contact the **Prepayment Meter project via email at prepay@eastsoffolk.gov.uk**, or by calling **07769 365796**. **[Please see the attached poster for more details.](#)**

We are also keen to work with you to deliver energy events in the community and promote our project to your clients. We look forward to hearing from you.

8. SIP Quarterly meeting

Thank you to all that were able to attend the SIP Quarterly meeting on Thursday 7 September, and for those who unfortunately were not able to join us this time around we will be circulating the notes from the meeting in due course. Please put a note in your diary for the next SIP Quarterly meeting which has been scheduled for Wednesday 13 December at 10am to 12 noon on MS Teams. We will send an official invite and agenda nearer the date. If you wish to have a scheduled slot at this meeting to discuss or promote your service, talk about a particular project, or have anything else you wish to share with SIP members then please do let us know by 10 November. Please email suffolkinformationpartnership@suffolk.gov.uk

Thank you for reading and please share with your colleagues and teams.

With best wishes



Julie and Alice

Suffolk Information Partnership and Warm Handover Referral Scheme
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Public Health and Communities
Suffolk County Council
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Suffolk Information Partnership <http://suffolkinformationpartnership.onesuffolk.net/>

Suffolk InfoLink directory of local groups, organisations, services, and activities
www.suffolk.gov.uk/infolink



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